Notes

Chapter 1
1 The Greek words for love are: *Eros*: romantic, passionate love; *Philia*: intimate, authentic friendship; *Ludus*: playful, flirtatious love; *Storge*: unconditional, familial love; *Philautia*: self-love; *Pragma*: committed, companionate love; *Agape*: empathetic, universal love.
2 In conversation with Brene Brown, in a podcast on 9 November 2020 (https://brenebrown.com/podcast/brene-with-aiko-bethea-on-creating-transformative-cultures/).
3 Each chapter has a lead author, but as both authors have also worked on the book as a whole, references to chapters in the book should include both author names.

Chapter 2
1 www.neweconomics.org

Chapter 4
1 See https://participedia.net/
2 www.icphr.org
3 https://knowledgedemocracy.org/

Chapter 5
1 Imogen Tyler, blog post, 14 March 2017, imogentyler@stigmamachine.com
2 www.carn.org
3 www.coldwarsteve.com

Chapter 6
1 http://ncdd.org/rc/item/category/participatory-practices/

Chapter 8
1 See www.freire.org
2 www.bbc.co.uk

Chapter 9
1 See https://www.presencing.org/gaia
2 See www.presencing.org/
3 weforum.org
4 See www.unwomen.org
5 For published poems see *Liberated: Poetry in Celebration of the Feminine*. 