

# Informal care trajectories over the lifecourse in the Netherlands

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## Online Appendix

**Table A1:** Descriptive information of the sample

	%	Mean	SD	Minimum	Maximum
<i>Input variables</i>					
<i>Carer level</i>					
Number of episodes		2.44	1.54	1	7
Age at start of first episode		50.51	15.92	5	78
Total duration in years		12.38	12.64	0.1	68.8
Overlap in years		2.81	6.11	0	43.9
<i>Characterising variables</i>					
<i>Carer level</i>					
Female	53			0	1
<i>Episode level</i>					
Age at start of episode		55.26	14.22	5	79
Age at end of episode		61.75	12.26	10	79
Relationship to care receiver					
Partner	13.52			0	1
(Step-)Parent(-in-law)	8.45			0	1
(Step)Child	34.46			0	1
Sibling	7.50			0	1
Other kin	8.89			0	1
Non-kin	27.18			0	1
Feelings of obligation					
Intensity		2.42	1.29	1	5
Intensity					
		11.34	19.95	1	168
Complexity of tasks					
Number of tasks		1.50	0.99	0	3
Emotional support		0.67	0.47	0	1
Practical help		0.65	0.48	0	1
Personal or nursing care		0.18	0.38	0	1

Notes:  $N = 2,311$  episodes;  $N = 949$  carers.

Table A2: Significance tests of mean differences between informal care trajectories

	Mid-aged parental care versus one-time partner care		Serial care versus one-time partner care		Lifelong care versus one-time partner care		Serial care versus mid-aged parental care		Lifelong care versus mid-aged parental care		Lifelong care versus serial care	
	$\Delta$ means	p	$\Delta$ means	p	$\Delta$ means	p	$\Delta$ means	p	$\Delta$ means	p	$\Delta$ means	p
Number of episodes	1.29	0.00	2.66	0.00	3.02	0.00	1.37	0.00	1.72	0.00	0.35	0.01
Age at start of first episode	-15.57	0.00	-12.24	0.00	-25.62	0.00	3.33	0.03	-10.05	0.00	-13.38	0.00
Total duration in years	9.00	0.00	8.73	0.00	29.20	0.00	-0.27	0.99	20.19	0.00	20.46	0.00
Overlap in years	0.10	0.99	3.74	0.00	14.63	0.00	3.63	0.00	14.52	0.00	10.89	0.00
Females	7.03	0.31	17.49	0.00	8.67	0.36	10.46	0.08	1.64	0.99	-8.82	0.39
Partner	-0.15	0.00	-0.17	0.00	-0.14	0.00	-0.03	0.85	0.01	0.99	0.04	0.81
Total	-0.15	0.00	-0.17	0.00	-0.17	0.00	-0.03	0.48	-0.03	0.50	0.00	1.00
Children	0.02	0.70	-0.01	0.96	0.11	0.00	-0.03	0.44	0.09	0.01	0.12	0.00
Total	0.03	0.42	0.03	0.51	0.08	0.00	0.00	1.00	0.05	0.01	0.05	0.00
Parents	0.25	0.00	0.23	0.00	0.15	0.02	-0.02	0.98	-0.09	0.27	-0.08	0.47
Total	0.14	0.00	0.06	0.29	0.07	0.14	-0.08	0.00	-0.06	0.10	0.02	0.91
Sibling	0.02	0.85	0.01	0.90	0.01	0.97	0.00	1.00	0.00	1.00	0.00	1.00
Total	0.03	0.24	0.03	0.19	0.03	0.47	0.00	1.00	-0.01	0.98	-0.01	0.97
Other kin	-0.03	0.51	-0.01	0.98	-0.03	0.74	0.02	0.81	0.00	1.00	-0.02	0.91
Total	-0.02	0.75	0.01	0.99	-0.02	0.83	0.03	0.27	0.00	1.00	-0.02	0.44
Non-kin	-0.10	0.01	-0.05	0.55	-0.10	0.09	0.05	0.41	0.00	1.00	-0.05	0.62
Total	-0.03	0.74	0.05	0.28	0.02	0.96	0.08	0.00	0.05	0.28	-0.04	0.46
Age at start of episode	-15.57	0.00	-12.24	0.00	-25.62	0.00	3.33	0.03	-10.05	0.00	-13.38	0.00
Total	-6.99	0.00	-4.81	0.00	-11.99	0.00	2.18	0.01	-4.99	0.00	-7.17	0.00

(Continued)

Table A2: Continued

Age at end of episode	Episode 1	-10.63	0.00	-9.11	0.00	-6.43	0.00	1.52	0.57	4.20	0.02	2.68	0.28
	Total	-5.20	0.00	-3.96	0.00	-2.52	0.02	1.24	0.20	2.68	0.00	1.44	0.16
Obligation	Episode 1	-0.08	0.87	-0.04	0.99	0.38	0.07	0.05	0.98	0.47	0.02	0.42	0.06
	Total	-0.21	0.10	-0.09	0.77	0.11	0.73	0.12	0.34	0.32	0.00	0.19	0.11
Intensity	Episode 1	1.96	0.65	-2.98	0.38	-2.86	0.64	-4.94	0.05	-4.82	0.20	0.12	1.00
	Total	1.21	0.82	-2.13	0.42	-4.65	0.02	-3.35	0.01	-5.86	0.00	-2.52	0.24
Task complexity (sum score)	Episode 1	0.02	0.99	-0.30	0.00	-0.41	0.00	-0.32	0.00	-0.44	0.00	-0.11	0.69
	Total	-0.07	0.69	-0.52	0.00	-0.57	0.00	-0.45	0.00	-0.50	0.00	-0.05	0.80
Emotional support	Episode 1	0.01	1.00	-0.06	0.34	-0.17	0.00	-0.07	0.24	-0.18	0.00	-0.10	0.16
	Total	0.00	1.00	-0.15	0.00	-0.18	0.00	-0.15	0.00	-0.18	0.00	-0.03	0.61
Practical help	Episode 1	0.01	1.00	-0.14	0.00	-0.17	0.00	-0.15	0.00	-0.18	0.00	-0.03	0.94
	Total	-0.04	0.62	-0.24	0.00	-0.25	0.00	-0.20	0.00	-0.21	0.00	-0.01	0.99
Personal and nursing care	Episode 1	0.01	0.99	-0.09	0.06	-0.07	0.36	-0.10	0.04	-0.08	0.27	0.02	0.98
	Total	-0.03	0.59	-0.12	0.00	-0.13	0.00	-0.09	0.00	-0.10	0.00	-0.01	0.96

Notes: P-values derived from post hoc ANOVA Tukey tests. Results are similar to other post hoc tests (for example, Bonferroni, Scheffe and Sidak).